

Day One

8 am – 6 pm

7:30-8:00	Registration
8:00-8:30	Welcome! Course Introductions
8:30-9:00	Course Structure and Review of Safety
9:00-9:30	Lab Experience: Needle Orientation and Clean Needle
9:30-11:00	Technique Myotome and Palpation LE: Lecture and Lab
11:00-12:30	Anterior Hip and Thigh: Lecture and Lab
12:30-1:00	Lunch
1:00-2:45	Medial/Posterior Thigh: Lecture and Lab
2:45-4:30	Lumbar Spine: Lecture and Lab
4:30-5:30	Posterior Hip: Lecture and Lab
5:30-6:00	Review of Day One

Day Two

8 am – 6 pm

8:00-8:15	Questions and Review of Day One
8:15-9:30	Myotome and Palpation UE: Lecture and Lab
9:30-11:30	Cervical Spine: Lecture and Lab
11:30-1:00	Shoulder: Lecture and Lab
1:00-1:30	Lunch
1:30-3:00	Upper Extremity: Lecture and Lab
3:00-4:30	Lower Extremity: Lecture and Lab
4:30-6:00	Review of content

Day Three

8 am—4 pm

8:00-8:15	Intro
8:15-9:30	Movement Assessment
9:30-12:00	Clinical Case #1 presentation and lab
12:00-12:30	Lunch
12:30-2:00	Clinical Case #2 presentation and lab
2:00-4:00	Clinical Case #3 presentation and lab

***Practical Evaluation/Testing will be an ongoing part of all lab sessions.**

****Agenda may be altered as needed for course flow.**