

Day One 8 am – 6 pm

- 7:30-8:00 Registration
- 8:00-8:30 Welcome! Course Introductions
- 8:30-9:00 Course Structure and Review of Safety
- 9:00-9:30 Lab Experience: Needle Orientation and Clean Needle Technique
- 9:30-11:00 Myotome and Palpation LE: Lecture and Lab
- 11:00-12:30 Anterior Hip and Thigh: Lecture and Lab
- 12:30-1:00 Lunch
- 1:00-2:45 Medial/Posterior Thigh: Lecture and Lab
- 2:45-4:30 Lumbar Spine: Lecture and Lab
- 4:30-5:30 Posterior Hip: Lecture and Lab
- 5:30-6:00 Review of Day One

Day Two 7:30 am – 5:30 pm

- 7:30-7:45 Questions and Review of Day One
- 7:45-8:30 Practical Assessment
- 8:30-10:30 Cervical Spine: Lecture and Lab
- 10:30-12:00 Shoulder: Lecture and Lab
- 12:00-12:30 Lunch
- 12:30-2:45 Upper Extremity: Lecture and Lab
- 2:45-4:15 Lower Extremity: Lecture and Lab
- 4:00-5:30 Review of content

***Practical Evaluation/Testing will be an ongoing part of all lab sessions.**

****Agenda may be altered as needed for course flow.**