

Board Statement Relevant to Physical Therapist using the Intervention of Dry Needling

November 20, 2009. Upon further discussions the Physical Therapist Licensing Board believes that the dry needling of trigger points is likely within the physical therapist scope of practice (excluding PTAs).

The Board acknowledges that the dry needling of trigger points is an advanced intervention requiring post physical therapy graduate training and education.

Further, the Board recommends that the acupuncture committee, physical therapist and medical Boards work in partnership with their professional associations to define a minimum competency by which a physical therapist can safely practice the intervention of dry needling of trigger points.

In the interest of public safety, until training and education can be determined, the Board strongly advises its licensees to not perform dry needling of trigger points.